

Often times, children may look healthy. However, this is not always the case. Take them in for a check-up and keep them growing strong and healthy.

As a parent, it is often difficult to tell when and if your child is sick. What you do not know or cannot see could be hurting your child. That is why regular medical check-ups are necessary.

If your child is receiving medical assistance from the South Dakota Department of Social Services, he or she can receive a check-up from a Primary Care Provider (PCP) at \*little or no cost.

\* There is a minimal cost share at ages 19 and 20.

#### Keep your child healthy.

## What is the Medical Assistance **Program?**

For treatment and ongoing prevention of illness, the Department of Social Services' Medical Assistance Program helps take care of children in South Dakota at \*little or no cost

The Medical Assistance Program provides treatment for illnesses your child may have and also helps to prevent illnesses before they happen.

Services are provided at \*little or no cost for children under age 21 who receive Medical Assistance through the South Dakota Department of Social Services.

## What can I do to keep my child healthy?

A simple check-up. Regular visits to a Primary Care Provider (PCP), whether your child is sick or not. With regular check-ups, your PCP can keep tabs on your child's health and detect possible problems.

These check-ups include an examination and evaluation of your child's general physical and mental health, growth, development and nutritional status, vision, hearing and dental health status.

Whether your child is an infant or teen, regular medical check-ups are necessary.

### What about immunizations and blood lead testing?

If there is one thing you can do to keep your child healthy, it is making sure your child's immunizations are current. Equally important is to make sure your child receives his or her immunizations on time.

All children eligible for the Medical Assistance Program should receive a lead test at 12 and 24 months of age. Contact your child's doctor for more information on whether your child should receive this test. If your child has a chronic health condition, Children's Special Health Services may be able to help. Call 1-800-738-2301 for more information.

#### Stay ahead of the game.

#### What do I do next?

When it comes to your child's health care, do not wait for something to happen. If

your child is receiving Medical Assistance, schedule a check-up today.



When your child goes to the check-up, you must bring his or her immunization records and current Medical Benefits ID card, shown above.

In addition, immunizations, physical and developmental screenings and health education services may be available through your local community health nurse.

# If your child is not sick, why make an appointment?

Each year, thousands of children are diagnosed with illnesses and problems that otherwise may never have been found, if not for a regular check-up. Plus, it's an easy way to keep your child's immunizations current.

Chances are your child is healthy, but a quick check-up will help you make sure.

## When should I make an appointment for my child?

Most often, there is simply no clear-cut message telling you your child may be in need of medical care, dental care, or hearing and vision services. If you are not sure when to make an appointment for your child, take a look at the routine check-up and immunization schedule, seen on the backside of this brochure. You can also refer to the federal schedule by visiting: www.cdc.gov/vaccines/recs/schedules/.

For more information, ask your PCP or contact the South Dakota Department of Social Services Medical Assistance Program at (605) 773-3495 or 1-800-597-1603.

### **Check-up and Immunization Schedules**

#### **General Health Check-ups**

Birth up to 1 Week

1 Week up to 6 Weeks

6 Weeks up to 3 Months

3 Months up to 5 Months

5 Months up to 8 Months

8 Months up to 11 Months

11 Months up to 14 Months

14 Months up to 17 Months

17 Months up to 20 Months

20 Months up to 24 Months

2 Years: Every Year Until Age 21

# Suggested Dental, Vision and Hearing Check-ups

Oral health, vision and hearing screens are part of every check-up. Ask your child's primary care provider (PCP) if you have concerns.

**Dental Evaluation** - at least by age 3 **Vision Evaluation** - at least by age 5 **Hearing Evalution** - specialty testing as recommended

#### **Lead Testing**

At ages 12 and 24 months and as recommended by your child's PCP.

#### Recommended Childhood and Adolescent Immunization Schedule

Vaccine ▼ Age ►	Birth	1 Mo	2 Mos	4 Mos	6 Mos	12 Mos	15 Mos	18 Mos	24 Mos	4-6 Yrs	11-12 Yrs
Hepatitis B	HepB	HepB			НерВ						
Diphtheria, Tetanus, Pertussis			DTaP	DTaP	DTaP	DTaP		ГаР		DTaP	Tdap
Haemophilus Influenzae Type B			Hib	Hib	Hib	Hib					
Inactivated Polio			IPV	IPV	IPV				IPV		
Measles, Mumps, Rubella						MMR				MMR	
Varicella						Varicella				Var	
Pneumococcal			PCV	PCV	PCV	PCV					
Influenza					Influenza (yearly) to age 5						
Meningococcal											MCV4
Hepatitis A					Hep A, 2 doses						
Rotavirus			Rota	Rota	Rota						
Human Papilloma Virus											HPV 3 doses



Keeping Your Child Healthy

DSS Strong Families - South Dakota's Foundation and Our Future